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SEPTA would like to thank  
**Disability Services & Advocacy, LLC**  
[www.dsausa.net](http://www.dsausa.net)  
 For sponsoring the mailing of our newsletters.

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**The Advocate**

The Advocate is the free public newsletter of the Special Education PTA of South River.

Published monthly from August to June of each year by the Executive Board Members of the SEPTA - this newsletter is mailed directly to families of classified students of the South River Public School District from the Office of Special Education. Additional copies are available at the South River Public Library. Past editions of the Advocate can be downloaded from our website. Interested individuals may sign up for our electronic newsletter and a listing of other newsletters related to special education issues by visiting our website at:

[www.specialeducationpta.org](http://www.specialeducationpta.org)

Questions related to the Special Education PTA as an organization, the services we provide, and our calendar of events can be answered by telephone at: (732) 651-7157 or by email at [info@specialeducationpta.org](mailto:info@specialeducationpta.org)

If you would like to submit letters or articles, post information or contribute pictures to be included in future editions of the Advocate please contact our newsletter by email at: [SRPTAAAdvocate@verizon.net](mailto:SRPTAAAdvocate@verizon.net)

# The Advocate

*"Every Child is Born with Wings...  
 Make it a Choice to Educate and Advocate  
 for the Chances for All Children to Learn to Soar"*

## 2006 SEPTA Annual Scholarship Applications Available March 3, 2006

*Applications for The Annual SEPTA Scholarship will be available to eligible students starting March 17, 2006 at the Office of Special Education, South River Public Schools or downloadable from the Special Education PTA (SEPTA) website: [www.specialeducationpta.org](http://www.specialeducationpta.org).*

*The SEPTA \$250.00 scholarship is open to graduating special education students enrolled either "in district" or placed in an "out of district" school by the South River Public School District.*

*Deadline for scholarship submissions: April 21, 2006.  
 Winner will be announced May 4, 2006.*

## Looking Glass:

### 2006 College Scholarship Fund

**Through the Looking Glass, a non-profit organization is pleased to announce the offering of a 2006 College Scholarship Fund specifically for graduating high school seniors who have at least one parent with disabilities.**

Up to ten separate \$1,000.00 Scholarship awards will be given out.

**Applications must be postmarked by May 1, 2006.**

Winners will be announced in August 2006.

Applications can be downloaded through their web site: [www.lookingglass.org](http://www.lookingglass.org) or by telephone by calling 1-800-644-2666.

## Ask-A-Principal

This April, the annual Ask-A-Principal Hotline will again give parents and other caregivers the opportunity to speak confidentially with a school principal or psychologist about their child's education. The hotline is offered by the National Association of Elementary School Principals (NAESP). Individuals can call the toll-free hotline at (800) 944-1601 during the times below. Translators will be available for Spanish-speaking callers.

Monday, April 3 8:00 a.m. - 8:00 p.m.

Tuesday, April 4 8:00 a.m.- 2:00 p.m.

You can e-mail questions to the hotline by accessing their NAESP website, [www.naesp.org](http://www.naesp.org), Monday, April 3 through Tuesday, April 4.

## **Join us at the Movies!**

**See the flyer inside for more details!**

## NEWS FROM THE WEB:

**www.starfall.com**

The Starfall learn-to-read website offered free as a public service. Primarily designed for first grade, Starfall.com is also useful for pre-kindergarten, kindergarten and second grade. This website is divided into 4 useful sections:

1. **ABC'S** (Let's get ready to read)
2. **Learn to Read** (Early beginning readers)
3. **It's Fun to Read**  
(Intermediate beginning readers)
4. **I'm Reading**  
(Beginning Reader to Advanced)

With fun interactive lessons and a free downloads this website is sure to foster the joy of reading in any child!

## Save the Date!

Baja Fresh  
Fundraiser Night

**April 27 1-9pm**

Baja Fresh Rt. 18 South  
East Brunswick, NJ

Eat out, enjoy some good food  
and help support SEPTA!

Hand in the SEPTA fundraiser flyer  
when placing your order and a  
portion of your sale total will go to  
supporting SEPTA & its programs.

\*Download the flyer from  
our web site:

[www.specialeducationpta.org](http://www.specialeducationpta.org)

# The DORE Program:

*A drug-free, prescribed exercise program showing a 93% permanent successful outcome in the treatment for AD/HD, Dyslexia, Dyspraxia, Aspergers and other learning disabilities.*

The DORE Program, inspired by a father's love for his severely dyslexic daughter's struggles, is a relatively new approach to eliminate or minimize the effects of Cerebellar Developmental Delay (CDD) a contributing factor in children and adults who suffer from disabilities of AD/HD, dyslexia, dyspraxia and Aspergers. Children and Adults who are diagnosed with AD/HD, Dyslexic, Dyspraxia and Aspergers often exhibit symptoms of poor concentration, difficulties with reading and comprehension, poor handwriting, impaired short term memory and poor coordination, hyperactivities and poor self-esteem. Medications are often prescribed to help deal with the symptoms but they do not address the underlying neurological problem; symptoms are masked or managed but the underlying neurological problem remains.

The DORE Program is showing remarkable results because it corrects the physiological cause of the problem with clinically proven, customized, eye, balance and sensory exercise program that stimulated the cerebellum with exercises that correct neural pathways so that the cerebellum can process information correctly. Prescribed exercises are done twice daily and require approximately 5-10 minutes to complete. The program is drug-free. The program usually requires 12-15 months to complete with clients returning to the center every 6 weeks for assessment and new exercises assigned. Research has shown that of 93% of DORE clients complete the program with highly successful outcomes; no longer having or substantially reducing the debilitating symptoms of their learning disabilities—permanently.

For more information on the DORE Program, please visit their website at: [www.dorecenters.com](http://www.dorecenters.com) or call 1 (866) 784-4377.

*\*A free informational DVD highlighting the DORE Program and client testimonials is available from their website.*

For more information on Cerebellum Developmental Delay (CDD) please look at the following article: "Rethinking the 'Lesser Brain'" by James Bower and Lawrence Parsons which appeared in the August 2003 issue of Scientific American. The synopsis summarizing this article can be found online.



# ***SEPTA***

would like to thank the following local businesses for their generous donations to our organization's programs and services:

## **South River Automotive**

### **Repair LLC**

178 Hillside Ave.  
South River, NJ  
732-651-8000

## **Colonial Diner**

560 State Hwy 18N  
East Brunswick, NJ  
732-254 -4858

## **Rafano & Wood**

**A Professional Law Corporation**

129 Main St.  
South River, N.J.

## **Shop Rite**

## **Supermarkets**

Corporate Offices

## **Golden East Garden**

## **Chinese Restaurant**

50 Prospect St.  
Mid-State Mall  
East Brunswick, NJ

732-257-3737

## **Matecki's**

## **Service Center**

91 A Jackson St.  
South River, N.J.

732-254-9500

## **Disability Services**

## **& Advocacy, LLC**

[www.dsausa.net](http://www.dsausa.net)

*\*We thank you for  
your support !*



# The SEPTA of South River

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South River, New Jersey 08882  
Information Line: (732) 651-7157  
E-mail: [info@specialeducationpta.org](mailto:info@specialeducationpta.org)

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We're on the Web!

[www.specialeducationpta.org](http://www.specialeducationpta.org)

***"Every Child is Born with Wings....  
Make it a Choice to Educate and  
Advocate for the Chances for  
All Children to Learn to Soar"***

*The SEPTA of South River was founded by a group of parents who  
wished to promote the education and advocacy rights of the special needs  
children of their community..*

*By providing parents with the tools and effective advocacy skills ~*

*We endeavor to keep this goal a reality so that*

***Every Child Will Fulfill Their Dreams  
and Learn to Soar.***

Interested in  
obtaining a copy of the  
**SEPTA of  
South River's  
S. E. Resource CD-Rom?**

Contact SEPTA  
at (732) 651-7157  
Or Email us at:  
[info@specialeducationpta.org](mailto:info@specialeducationpta.org)  
Cost: \$7.50  
(includes ship/handling fees)

## **Help Wanted:**

Would you like to help with our  
Newsletter, or Website?

Have you come across an  
interesting book, article or  
website that deals with  
education, special ed., or  
parenting that you'd like to  
share with others? Write a  
short summary and we'll love  
to put it in our newsletter and  
web page. Email it to:

[SRPTAAadvocate@verizon.net](mailto:SRPTAAadvocate@verizon.net)

## **Up Coming Events:**

### **March 21:**

6:30pm  
Middlesex County Special  
Child Health Services  
Parent Information Group  
Meeting:  
**"Helping You Child  
To Cope With Teasing  
and Bullying"**

Special Guest Speaker:  
Helen Knee  
East Brunswick Public Library  
Call (732) 745-3180 for more  
information or to RSVP

### **March 27:**

Deadline to register for  
"Shaggy Dog" movie event.

### **April 3 & 4**

NAESP Ask-A-Principal  
(see page 1 for more information)

### **April 5:**

SEPTA  
Public Meeting:  
6:30pm  
Parent Forum  
7pm  
Meeting starts  
South River Public Library

### **April 13:**

SEPTA at the Movies:  
**"The Shaggy Dog"**

Join us for this family fun event!  
See enclosed flyer for details.

### **April 27:**

**Baja Fresh  
Fundraiser**

Baja Fresh  
Rt.18 South  
E. Brunswick  
1-9pm

Take our flyer with you  
when you place your  
order and a portion of  
your purchase goes to  
support SEPTA.  
Misplace your flyer?  
Download it from our  
website:

[www.specialeducationpta.org](http://www.specialeducationpta.org)